

THERESA BOWLING, M.D.

www.linkedin.com/in/theresabowling

PROFESSIONAL PROFILE

Accomplished Anesthesiologist with over 20 years of experience in private practice:

- Lead and develop Regional Anesthesia programs in the context of Enhanced Recovery After Surgery.
- Founded SSRA with mission to provide high quality education pertaining to Regional Anesthesia techniques to treat acute pain and develop successful Regional Anesthesia programs.

PROFESSIONAL EXPERIENCE

Anesthesiologist January 2017 - Present
Saint Vincent's Medical Center, Bridgeport, CT

Assistant Professor of Anesthesiology April 2017 - Present
St. Vincent's Medical Center, Frank D. Netter School of Medicine
Quinnipiac University, Hamden, CT

Anesthesiologist 1995 - 2016
The Stamford Hospital, Stamford, CT

Chairman, The Department of Anesthesiology 2013 - 2015
The Stamford Hospital, Stamford, CT

Vice Chairman, Department of Anesthesiology 2011 - 2013
The Stamford Hospital, Stamford, CT

Medical Director 2011 - 2013
The Tully Health Center at The Stamford Hospital, Stamford, CT

Director of Regional Anesthesia 2008 - 2015
The Stamford Hospital, Stamford, CT

President and Course Director 2012 - Present
SSRA
Stamford, CT

EDUCATION

Yale New Haven Hospital, New Haven, CT July 1994 - June 1995
Department of Anesthesiology, Chief Resident

Yale New Haven Hospital, New Haven, CT
Department of Anesthesiology, Resident July 1992 - June 1994

Saint Raphael's Hospital, New Haven, CT
Transitional Internship July 1991 - June 1992

State University of New York, Syracuse, NY
M.D. 1991

Hofstra University, Hempstead, NY
B.A., Magna Cum Laude 1987

ACADEMIC AWARDS

Provost's Scholar 1987 - 1988

Phi Beta Kappa 1987

Dean's List 1983 - 1987

RESEARCH

Use of Chest Wall Blocks for Post-Op Analgesia After Total Mastectomy March 2013
Poster ASRA

TAP Catheters vs. PCA and TAP Catheters for Post-Operative Pain in the Management for Patients Undergoing Laparoscopic Bowel Resection March 2012
Poster ASRA

Correlation of Sternal Ossification Centers to Sudden Infant Death Syndrome 1990
State University of New York at Syracuse, Department of Pathology

Fentanyl Patch for Postoperative Pain Relief in Orthopedic Surgical Patients 1990
State University of New York at Syracuse, Department of Anesthesiology

COMMITTEES

Board of Directors, Connecticut Surgical Quality Collaborative 2017 - Present
ERAS Task Force Committee

Chair, Credentials Committee 2013 - 2015
The Stamford Hospital, Stamford, CT

Co-Chair, Operating Room Committee 2012 - 2015
The Stamford Hospital, Stamford, CT

Credentials Committee 2012 - 2013
The Stamford Hospital, Stamford, CT

Trauma Committee 1998 - 2012
The Stamford Hospital, Stamford, CT

H* Works Start Time Committee 2003 - 2005
The Stamford Hospital, Stamford, CT

LECTURES

Common Nerve Blocks in Anesthetic Practice 1996
The Stamford Hospital, Stamford, CT

Peri-Operative Fluid Replacement 1996
The Stamford Hospital, Stamford, CT

Continuous Peripheral Nerve Blocks 2009
The Stamford Hospital, Stamford, CT

How to Successfully Launch a Regional Anesthesia Program Using a
Multi-Disciplinary Approach 2010
I-Flow Regional Sales Meeting, Philadelphia, PA

Regional Anesthesia and Continuous Peripheral Nerve Blocks 2010
Lowell General Hospital, Lowell, MA

Peripheral Nerve Blocks for Orthopedic Surgery, Orthopedic Grand Rounds 2010
St. Vincent's Medical Center, Bridgeport, CT

The Clinical and Economic Benefits of Starting a CPNB Program 2011
Mercy Hospital, Springfield, MA

Truncal Nerve Blocks, TAP and TPVB, for General and Breast Surgery 2011
Department of Surgery, Surgical Grand Rounds
The Stamford Hospital, Stamford, CT

Nerve Blocks for Patients Undergoing Gynecologic and Breast Surgery 2011
The Stamford Hospital, Stamford, CT

Ultrasound Guided Upper and Lower Nerve Blocks on Live Models 2011
St. Vincent's Hospital, Bridgeport, CT

Ultrasound Guided Nerve Block Course on Cadavers and Live Models 2011
University of Maryland, Baltimore, MD

Ultrasound Guided Nerve Block Course on Cadavers and Live Models 2011
Boston, MA

Schwartz Grand Rounds, "When Not To Perform Surgery" 2011
The Stamford Hospital, Stamford, CT

Transversus Abdominis Plane and Thoracic Paravertebral Single Shot Blocks and Continuous Catheters I-Flow Regional Sales Meeting, Tampa, FL	2012
Transversus Abdominis Plane and Thoracic Paravertebral Single Shot Blocks and Continuous Catheters I-Flow Breakfast Meeting, ASRA San Diego, CA	2012
Transversus Abdominis Plane Blocks VIP Lecture Series for BLOCKJOCKS	2012
Ultrasound Guided Upper Extremity, Transversus & Thoracic Paravertebral Block Course New Brunswick, NJ	2012
Transversus Abdominis Plane and Thoracic Paravertebral Single Shot Blocks and Continuous Catheters Paris, TX	2012
How to Launch a Successful Nerve Block Program and Overcome the Common Obstacles Created by Anesthesiologists, Surgeons, Administrators and Nurses SSRA Stamford, CT	2012
A Surgeon's and Anesthesiologist's Perspective of Transversus Abdominis Plane Blocks I-Flow National Sales Meeting San Diego, CA	2013
The Role of Chest Wall Blocks in Enhanced Recovery After Surgery for Breast Cancer Surgery Grand Rounds, Hartford Hospital Hartford, CT	2017
The Role of Abdominal Wall Blocks in ERAS Protocols for Colorectal Surgery ASA Annual Meeting Boston, MA	2017

PROFESSIONAL MEMBERSHIPS

American Society of Anesthesiologists
Connecticut State Society of Anesthesiologists

PROFESSIONAL LICENSES

Connecticut #34461 / New York #198921

PROFESSIONAL BOARDS

Diplomate, American Board of Anesthesiologists, (lifetime certified)

1996

OTHER APPOINTMENTS

Health and Human Services Committee, New Canaan, CT

2008 - 2010

Board of Stewards, The Ox Ridge Hunt Club, Darien, CT

1996 - 2009

Vice President, The Ox Ridge Hunt Club, Darien, CT

2006 - 2008

HOBBIES

Accomplished equestrian in Hunter/Jumper arena on "A" circuit, including Junior & Adult National finals.